

# GUSTO

ITALIAN

## WHILE YOU PONDER... CARB COUNT

ALL GUSTO DOUGH PETALS™	59
ALL FRESH BAKED GARLIC PIZZA BREADS	131
MARINATED NOCELLARA OLIVES (VG, RG)	0
WARM ROSEMARY FOCACCIA BREAD (VG)	87
HOUMOUS (VG)	44
BRUSCHETTA (VG)	13

## STARTERS

HOMEMADE PARSNIP SOUP & WARM PUGLIAN BREAD* (V, ASK FOR RG)	30
PORCINI MUSHROOM ARANCINI RICE BALL* (V)	38
MUSSELS & WARM FOCACCIA BREAD	87
HOMEMADE CHICKEN LIVER PÂTÉ	29
SLOW-COOKED MEATBALLS & PARMESAN CRISP	2
THREE CHEESE GNUDI WITH AGED BALSAMIC & BEETROOT* (V)	3
DELI BOARD GRANDE (N)	47
DELI BOARD CURED MEATS (N)	58
KING PRAWNS & PICKLED FENNEL (RG)	0

## PASTA & RISOTTO

TAGLIATELLE WITH TOMATO & KING PRAWNS	71
SPAGHETTI BOLOGNESE (STANDARD PORTION)	62
SPAGHETTI BOLOGNESE (SMALL PORTION)	31
RIGATONI ARRABBIATA (VG)	62
SPAGHETTI CARBONARA (STANDARD PORTION)	62
SPAGHETTI CARBONARA (SMALL PORTION)	31
SEAFOOD SPAGHETTI	62
RIGATONI PRIMAVERA (V) (STANDARD PORTION)	74
RIGATONI PRIMAVERA (STANDARD PORTION WITH CHICKEN)	74
RIGATONI PRIMAVERA (V) (SMALL PORTION)	35
BEETROOT AND GOATS' CHEESE RISOTTO* (V, RG)	81

## MAINS

LAMB RUMP & SICILIAN CAPONATA* (N)	2
CHICKEN SUPREME WITH MUSHROOM & TARRAGON*	10
GUSTO'S CLASSIC BURGER WITH FRIES	115
GUSTO'S CLASSIC BURGER WITH SALAD	30
GUSTO'S VEGAN BURGER WITH FRIES (VG, N)	120
GUSTO'S VEGAN BURGER WITH SALAD (VG, N)	35
HONEY-GLAZED DUCK & BALSAMIC (RG, N)	53
PAN FRIED FILLET OF SEA BASS (RG)	6
LEMON AND PEPPER TUNA STEAK	0
RAINBOW VEGETABLE PARCEL (V)	13
SUPERGRAIN SPELT ORZOTTO (VG)	67
WHOLE SALT BAKED SEA BREAM & SAMPHIRE (RG)	16
SALMON FILLET & MEDITERRANEAN COUS COUS (N)	15

## STEAK

FLATTENED RUMP STEAK WITH FRIES* (RG)	85
FLATTENED RUMP STEAK WITHOUT FRIES (RG)	0
8oz CHARGRILLED FILLET STEAK WITH FRIES* (RG)	85
8oz BLACK ANGUS RIB EYE STEAK WITH FRIES (RG)	85
8oz BLACK ANGUS RIB EYE STEAK WITH HOUSE SALAD (RG)	0

## PIZZAS & SALADS CARB COUNT

ALL PIZZAS	131
BEETROOT & GOATS' CHEESE SUPERGRAIN SALAD* (V, ASK FOR VG, N)	36
BEETROOT & GOATS' CHEESE SUPERGRAIN SALAD* (V, ASK FOR VG, N) (SMALL PORTION)	18
SUPERFOOD SALAD (VG) (LARGE)	30
SUPERFOOD SALAD (LARGE WITH CHICKEN)	30
SUPERFOOD SALAD (LARGE WITH PRAWN)	30
SUPERFOOD SALAD (VG) (SMALL)	15
SUPERFOOD SALAD (SMALL WITH CHICKEN)	15
SUPERFOOD SALAD (SMALL WITH PRAWN)	15

## SIDES

SKIN-ON FRIES* (VG)	85
TRUFFLED SKIN-ON FRIES* (V)	85
ITALIAN FRIED COURGETTES* (V)	24
WINTER GREENS (VG, RG)	0
BAKED ROSEMARY AND GARLIC POTATOES (VG, RG)	36
CREAMED SPINACH (V, RG)	3
ROCKET AND GRAN MORAVIA SALAD (V, RG)	0
ZINGY MINT, COURGETTE & PEPPERS (VG, RG)	27
CREAMY MASH (V, RG)	53

## DESSERTS

AMARETTO & ORANGE CHEESECAKE	32
BOMBOLINI* (N)	94
SICILIAN LEMON POT	66
VEGAN CHOCOLATE & ORANGE TART (VG, N)	49
WARM CHOCOLATE AND HAZELNUT BROWNIE (V, N)	76
NUTELLA AND MASCARPONE CALZONE (V, N)	110
ITALIAN GELATO – SALTED CARAMEL (V, RG)	15
ITALIAN GELATO – MADAGASCAN VANILLA (V, RG)	13
ITALIAN GELATO – STRAWBERRIES AND CREAM (V, RG)	14
ITALIAN SORBET – LEMON (VG, RG)	16
ARTISAN CHEESE BOARD - 6 BISCUITS EACH 3.5GMS EACH	28
STICKY TOFFEE PUDDING (V)	75
CLASSIC AFFOGATO (V, RG)	10

## KID'S MENU

SPAGHETTI MEATBALLS	38
PENNE CARBONARA	31
SPAGHETTI BOLOGNESE	31
SPAGHETTI TOMATO (VG)	31
"BUILD YOUR OWN" MINI BURGERS WITH SALAD	31
"BUILD YOUR OWN" MINI BURGERS WITH FRIES	70
KIDS PIZZA	72
CHARGRILLED CHICKEN STRIPS WITH GREEN BEANS AND SALAD (RG)	0
CHARGRILLED CHICKEN STRIPS WITH GREEN BEANS AND FRIES (RG)	42
PIP ORGANIC RAINBOW FRUITY LOLLY (RG)	11

Join **Gusto Gold Rewards** to earn cashback every time you dine with us, and unlock surprise offers and deals. Sign up at [www.gustorewards.com](http://www.gustorewards.com)

V Vegetarian VG Vegan RG Recipe without gluten N Contains nuts

**Due to our cooking processes and kitchen set up there is a potential risk of cross-contamination of allergens. This includes our gluten free pizza base, gluten free pastas, and any items which are deep fried (highlighted with an \*). Therefore these may not be suitable for those with severe allergies or strict dietary requirements.** Full allergen information is available on request. A discretionary 10% service charge will be added to your bill for parties of 6 or more. Gusto has teamed up with type 1 diabetes research charity, JDRF, to help raise awareness. People living with this condition must count carbohydrates every meal to know how much insulin to take before eating. Items on this menu have been carbohydrate counted by a professional dietician.

 @gustorestaurants

**JDRF** IMPROVING LIVES. CURING TYPE 1 DIABETES.